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OUTLOOK

Volume 19 Issue 3 • Dripping Springs, Texas • June 2022

Postal Patron



The Gateway to Life in Dripping Springs



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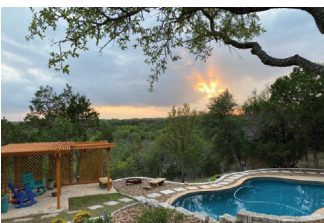


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400 BLUE CREEK
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AMAZING VIEWS. 6.9 Acres, 3,167sf home, 4BR/3.5BA. Open floor plan, large kitchen open to living room w/ fireplace. First floor has concrete flooring, bedrooms have carpet. Second story: lounge area, bedroom, bathroom. Private pool w/ decking, outdoor seating areas. Attached 2 car garage. Rainwater collection & well. Listing at \$1,400,000



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Fade into summer

The cool mornings and mild afternoons are a distant memory now, as we move into our most notorious season. What we've sown in previous months has — or some cases, has not — taken root and we're approaching our cruising altitude for the year.

This month's issue is largely about caring for and protecting what you have — blossoming where we're planted as they say. It's also about potential.

Our contributors offer you a wide range of expertise and services to assist in helping us all flourish. This is a vibrant community; quaint and genuine even as it grows. The practitioners here in Texas, and specifically the Hill Country, are a rare breed of intelligence and heart. It almost goes without saying — this is a special kind of place. I hope this issue serves you well as we savor the remaining weeks of spring that fade into summer.

“And so with the sunshine and the great bursts of leaves growing on the trees, just as things grow in fast movies, I had that familiar conviction that life was beginning over again with the summer.” —F. Scott Fitzgerald, *The Great Gatsby*



Warmly,

A handwritten signature in black ink that reads "Cyle".

A real estate advertisement for Greg Browning. It features a photo of Greg wearing a cowboy hat and a white shirt. To the right is a logo for "United Country Real Estate" with a star and the text "1836 REALTY GROUP". Below the photo is a circular logo with a Texas map and the name "GREG BROWNING Ranch | Lifestyle Properties". At the bottom, it lists "United Country Real Estate | 1836 Realty Group" and contact information: "512-317-2288", "gbtexasland@gmail.com", "www.1836realtygroup.com", and "Dripping Springs, Texas 78620".

Dripping Springs Outlook

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The Dripping Springs Outlook, a subsidiary of Valentino Publications, is mailed monthly to all street addresses serviced by the Dripping Springs Post Office in 78620.

It is also distributed to businesses throughout the community.

Contact us to find out how you can submit information, photos or promote your business directly to over 13,000 addresses.

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BUY LOCAL BUY DRIPPIN'

Dripping Springs Outlook

Calendar of Events

- Every **Mon.-Fri.** The Hill Country Senior Center at 1310 W. Hwy 290, Dripping Springs, offers a delicious lunch served at noon. Call in by 10:30 and order it to go, too. For more information or to see menu: HCSeniorCenter.org
- Every **Mon.** 12pm, DS Rotary Club meets at Flores, 2440 E Hwy 290 W. For more information visit DrippingSpringsRotary.org.
- Every **Mon.** 9am All Abilities Chair Exercise, Dripping Springs Community Library, 501 Sportsplex DR, 512 858 7825 or DSCL.org for info. No exercise on library holidays.
- Every **Mon.** 6pm Nar Anon Family Group at Friendship Creekside Fellowship 14455 Fm 1826. Nar Anon is a 12-step program for family and friends of drug addicts. We share our experience, strength and hope.
- Every 1st **Mon.** DS Ag Boosters meet in Ag Building behind DS Middle School at 7pm. Visit DSAgBoosters.org for updates.
- Every 1st & 3rd **Mon.** 6:30pm, Lions Club meets at Dripping Springs Ranch Park located at 1042 Ranch Road 12. Across from the DS Elementary School. For information call Sharon Goss at 512-923-8630 or email dslionsclub@gmail.com.
- Every 2nd **Mon.** Dripping Springs 4-H Club meets at 6:30pm at the Ag Booster Building (located behind DS middle school).
- Every 3rd **Mon.** Eastern Star meets at Rambo Lodge at 7:30pm. Call Kathy Clark for more info, 512 858 7004.
- Every 3rd **Mon.** 7pm. Hill Country Centering Prayer Community meets at a local residence. Call Myra at 512 496 1531 or Sharon at 512 413 3248.
- Every **Tues.** 6:30pm Toastmasters of Dripping Springs meet at Pioneer Bank, 100 Creek Rd. Visitors welcome. For more info visit DSToastmasters.com.
- Every **Tues.** 5:30pm Al Anon meeting is being held at the Dripping Springs Presbyterian Church, 26650 Ranch Road 12. It is a general discussion meeting. Childcare provided.
- Every 2nd **Tues.** Bluebonnet Auxiliary meets at 2pm at Hill Country Care Nursing and Rehab Center, 1505 W. 290. Call Janice Ruyle, 512 264 2538 for more information. Volunteers needed. The Bluebonnet Aux provides entertainment and special events for the residents of HCC.
- Every 2nd, 3rd and 4th **Tues.** 7pm, DS Boy Scout Troop 101 meets at the DS United Methodist Church. Call Tim Short at 512 743 2537.
- Every 4th **Tue.** Artists Alliance of the Hill Country meet alternating between The Barn on 4000 Bell Springs Road in Dripping Springs and Artists studios. Visit ArtistsAllianceHC.com.
- Every **Wed.-Sat.** Noon-3pm, Dr. Pound Pioneer Farmstead and Museum is open for tours. Call 512 858 2030.
- Every **Wed.** Farmer's market at the Dr. Pound Farmstead (beginning March 23), 3-6pm. For more info contact CityofDrippingSprings.com or 512 858 4725.
- Every **Wed.** at 8:30am. The Hill Country Christian Business Networking Alliance meets at El Rey. Visit Hill Country Christian Business Networking Alliance (HCCBNA) on Facebook.
- Every **Wed.** 5-6pm. Christ Centered Prayer, meditation and class. McArthur Hall Meeting Room #1, St. Stephen's Episcopal Church 6000 FM 3237. For more info call 512 847 9956.
- Every 3rd **Wed.** Dripping Springs Cook-Off club meetings in the Acoyon Brewery in Dripping Springs. For more information call Michele Ryon 512 299 7455.
- **Thur.** 7pm, Celebrate Recovery for people with hurts, habits, or hang-ups. A Christ-centered recovery program. ChurchoftheSprings.org/CR
- Every 1st **Thur.** 7pm Vince F. Taylor American Legion Post 290 of Dripping Springs invites all eligible veterans to 101 Old Fitzhugh Rd. For information call 512 858 5637.
- Every 1st **Thurs.** 6-7:30pm, Nonfiction Addiction Book Club at the Dripping Springs Community Library, DSCL.org, 512 858 7825. Newcomers welcome. Email AdultServices@dscl.org for details.
- Every 3rd **Thur.** 7pm, DS VFW Post 2933 invites all eligible veterans with foreign service to 101 Old Fitzhugh Rd. Call 858 5637.
- Every 3rd **Thur.** 7pm, Family Support Group for family members, parents, adult children, and partners of individuals living with a mental health condition. Meets at St. Martin de Porres Catholic Church, Room 1. Contact info@namicentraltx.org for more information.
- Every 4th **Thur.** 6:30-8:30pm, Photographers of Dripping Springs (PODS) meets at the Sententia Vera-Cultural Hub, 4002 E. Hwy 290. Visit PhotographersofDS.us or on Facebook.
- Susanna's Kitchen is *back!* Every 3rd Thursday starting June 16 with Slaid Cleaves. WimberleyUMC. Doors open at 7pm; concerts start at 7:30. Price: \$20-25. Join us for dinner: pizza, tamales, glorious pies! For more info contact Perry at 512-914-1703
- Every 2nd **Fri.** Mothers of Preschoolers (MOPS) group meets at 9am at the Episcopal Church of the Holy Spirit (301 Hays Country Acres at Hwy 290W). Childcare available. For information call 512 858 4924 or email DrippingSpringsMOPS@gmail.com
- **Tues.** June 14, Flag Day
- **Sun.** June 19, Father's Day, Juneteenth
- **Tues.** June 21, Summer begins

Have something to add to the Calendar of Events?

Contact the Outlook at info@DSOutlook.com or 512 375 5590.

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Self-care and the summer – how will you fit it in?

by Breca Tracy, PhD



Are things starting to pile up in preparation for the summer? Are you beginning to wonder how you're going to get everything done? Does self-care seem like it might be hard to fit in with your busy summer schedule? Know that we at REGENERATE are here to help!

Did you know that we specialize in providing you with solutions for dehydration,

lack of energy, muscle fatigue, dull/dry skin, skin protection, skin tightening, facial relaxation, sun spots, over worked muscles, chronic back pain, shoulder tension, and much more? *Why, yes we do!* From your aesthetic needs to supporting your body from the inside out, we are here for you! At REGENERATE, our passion is increasing your quality of life in whatever capacity that may be!

While helping you achieve your goals is a passion of ours, we also strive to do it as efficiently as possible! We know your time is precious, especially during these summer months. You may ask how we optimize efficiency. The answer is, we knock out as many goals as possible in one setting. This saves time, trips, and gas! For instance, you may be suffering from too much sun exposure and may be in need of facial hydration and overall body rehydration and restoration. In this scenario, we would start an intravenous hydration vitamin therapy while the client receives his/her HydraFacial. Two services, one setting, two goals accomplished!

Intravenous (IV) hydration vitamin therapy can help rehydrate, restore, and replenish the body's nutrients and fluids. IV therapy can be customized to help achieve your goals, whether they may be solely hydration, or exhaustion, muscle fatigue, immune support, anti-aging, nausea, depletion, deficiencies, or recovery – to name a few! Our aesthetic team can help you address facial hydration with a number of hydrating therapies, including our HydraFacial, which is uniquely designed to infuse serums directly into the skin for hydration and restoration.

We encourage you to check us at NaturalHealingTX.com or on social media @naturalhealingtx. We love to educate and serve our community! Our array of experts can help you with your vitamin, aesthetic, pain, and intimate wellness and rejuvenation needs.

We have a very unique team of experts here in Dripping Springs. Come see us, call us, or email us! Dr. Breca Tracy currently serves as Director of Science & Operations at REGENERATE Dripping Springs. Breca has resided in Dripping since 2007 after obtaining her Ph.D. in Biochemistry and Molecular Biology from the University of Oklahoma Health Sciences Center. Contact us at 512-368-4548, 800 Hwy 290 W, Building F, Suite 200. Natural-HealingTX.com.

Dreams: process, not outcomes

by Leslie Tourish, LPC



What if you go for your dreams, and I mean really go full-throttle, but the results fall short? Or worse, face-plant? There could be explosion, implosion, radical turns into proverbial bar ditches, or the slow-roll into *meh*. But whatever the experience, it's unpleasant, to say the least.

Which is why before you went for your dreams, you had to endure the inner-critic that whispered – *are you sure you want to do that? What if you fail? Won't that be evidence of what you really fear about yourself?* And the inner-critic's worst fears are usually of the you're not smart, strong, wealthy, young, or talented enough varieties. But you shoved those feelings away, squared your shoulders, and went for it. And then discovered it was harder than you had imagined. Oh man, not standing at the crossroads again. Humans aren't big fans of ambiguity. We like to rock along, competent in our abilities, secure in our environment.

Goals help us focus our actions. The goals we gravitate toward are (hopefully) an expression of our essential self. It doesn't get more personal than that. Yet that might be where the thinking error lies if our plans don't go as expected. There may be an inclination to view that we have failed as a person, not that this might just be part of a learning curve. Say you've always wanted to do standup comedy. You've studied dozens comics and their routines. You've written down some bits and have enough for your own five minute routine. Practicing in front of the mirror, you're killing it! Then

it's open mic night at your local improv theater where you've been sitting in the audience, studying the comics for months. You screw up your courage and put your name on the list to do your set. They call your name, you stumble onto the stage and the first thing you notice is how hot it is. You're sweating through your shirt and you just know the audience is judging you for it. The spotlight is blinding and you can't see the audience. Except for the first row. Their faces are turned up expectantly at you. Waiting to be entertained. Your mind betrays you and your killer comic routine sprouts wings to flee from your mind. Comic death. You stumble off the stage in a cloud of shame. You hear a few cat-calls from the crowd.

If you were to quit then the trauma may be burned into your mind and poison you from trying something new with comedy in the future. However, if you were to talk to the other comics you would hear their stories of bombing, yet getting back up there again. That could help your mind reframe what failure is. This might give you hope to climb those stairs to the stage the next night, and try something different. Maybe you'll bomb. Maybe you'll kill. And maybe it will be something in the middle. What's important is that failure is failure only if you stop and don't go forward. Resiliency is tolerating the pain, finding the lessons hidden within, and then adapting. If you do that, you'll put less emphasis on the outcome of an event and more on the pure joy of being in your creative moment.

Leslie Tourish, LPC, is a Dripping Springs psychotherapist in private practice. To contact Leslie, visit LeslieTourish.com or LATourish.com



What is your gum number?

by Ron S. White, DDS

If you have been to the dentist to get your teeth cleaned recently, you may have wondered what the endless numbers that are being called out and recorded mean. Everyone is interested in what their sleep number is, why not know what your gum number is?!

Periodontal probing is the measuring of the depth of space between your tooth and gum tissue. To take this measurement the dentist or hygienist uses a tool called the periodontal probe. This instrument measures gum tissue in millimeters. Normal, healthy gum tissue will measure between 1 and 3 millimeters. Any measurement above a 3 is an area of concern.

The dreaded 4, 5, and 6's... When gingivitis is left untreated, it can advance to periodontitis. In a person with periodontitis, the inner layer of the gum and bone pull away from the teeth and form pockets. The larger the pockets the more severe the disease. These small spaces between teeth and gums collect debris and can become infected. The body's immune system fights the bacteria as the plaque spreads and grows below the gum line.

Toxins or poisons – produced by the bacteria in plaque as well as the body's *good* enzymes involved in fighting infections – start to break down the bone and connective tissue that hold teeth in place. As the disease progresses, the pockets deepen and more gum tissue and bone are destroyed. When this happens, teeth are no longer anchored in place, they become looser, and tooth loss occurs. Gum disease, in fact, is the leading cause of tooth loss in adults.

Because periodontal disease may progress painlessly, producing few obvious signs, even in the late stages of the disease it is imperative that your dentist have a baseline reading of your gum tissue. This will allow him or her to record changes in gum tissue levels during subsequent check ups.

The symptoms of periodontal disease often are subtle, so it is important to schedule your six month professional cleaning and exam and know your *gum numbers*. Being proactive instead of reactive to this disease is the key to a healthy smile. Summer cleaning appointments are booking now!

Dr. Ron White is located at 4189 E. Hwy 290. He has served Dripping Springs Smiles for over 15 years. He and his team strive to provide comfortable, compassionate care in a calm and luxurious office. Appointments can be scheduled by calling 512 858 LOVE Your Smile (5683).

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Our top 5 reasons why you must use EMSculpt Neo at The Piazza Center

by Rocco C. Piazza, M.D

EMSCULPT NEO is the first and only non-invasive body shaping procedure that uses radiofrequency heating for fat reduction and high intensity focused electromagnetic energy (HIFEM) for muscle strengthening and toning in a 30-minute session. At The Piazza Center

in Austin, we are proud to offer this cutting-edge technology for reducing fat, building muscle, and contouring the body to improve your appearance. The end result is more fat reduction and muscle growth than any single gold standard product, for less time and less money. Best of all, EMSculpt Neo has a broad patient appeal as it can treat patients up to BMI 35.

Top five reasons why you must use EMSculpt Neo:

- 1) You can have a summer body all year long.
- 2) You will have noticeable results in 30 days.
- 3) There is zero downtime!
- 4) You will achieve up to 25% increase in muscle mass and reduce fat up to 30% in the treatment area.
- 5) A 30-minute treatment is equivalent to you doing 20,000 muscle contractions. And let's face it, when are you really going to make the time to do that at the gym?

Areas that can be treated with EMSculpt Neo include the abs, biceps, triceps, quads, hamstrings, and glutes (buttocks).

At The Piazza Center, we are currently offering EMSculpt Duo Neo, a 2-for-1 abdominal treatment for two people at a special discount! During the EMSculpt Duo Neo treatment, we simultaneously treat you and your bestie for core muscle enhancement so you can both split the cost and share the results.

Rocco C. Piazza, M.D is a Diplomate of The American Board of Plastic Surgery, a member of the American Society of Plastic Surgeons, as well as a national spokesperson for the ASPS. Call 512 288 8200 and visit the website ThePiazzaCenter.com.



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Dosing cannabis

by Haley Hunt, RN



Whether you're using it to cure what ails you or just to kick off your weekend, when it comes to cannabis, finding the perfect combo of dosage and delivery can take trial and error.

For many, choosing the right serving size continues to remain the biggest challenge. The cannabis plant itself is complex. Each *chemovars* (strain) is cultivated to produce specific phytocannabinoids (THC, CBD), terpenes, flavonoids, and other cannabis material that will produce varying effects on each individual. It is imperative for us to explain to our clients that we can not approach cannabis medicine as a *one size fits all*, it takes patience and understanding of the cannabinoids and the various methods of ingestion to get the most out of your experience.

Side effects of cannabinoids are often dose dependent, we encourage any new consumer to start low and slow but don't be afraid to go all the way! Make an informed decision based on your body's response. Creating a journal of your cannabis experiences is the faster way to know what works best for you. Keep track of what you've had and how it helps via a journal, notes on your phone, or the various tracking apps available. Remember, some products have combination cannabinoids that may influence dosing and response. Some people are more sensitive to the effects than others. Cannabis is fat soluble so eating a snack or meal containing fat at the same time as taking cannabis orally or sublingually can

help with absorption and minimize unwanted side effects, but may delay the onset of effects. When trying new products, especially ones containing THC, we recommend to start with a small amount, at night, and do not consume any other cannabis products. See how that specific dose effected you, and adjust as needed. Studies show that phytocannabinoids have a biphasic effects – that is, at low doses phytocannabinoids may produce one effect but at high doses cause a completely opposite effect. For example CBD may be stimulating at low dosages (<50mg) and sedating at higher dosages (>50mg). Tracking and knowing what you're taking can make all the difference in your journey!

“Simply put, and politics aside, cannabis is the single most medicinally valuable plant that has ever existed.”

– Michael H. Moskowitz, MD

CBD: A Patient's Guide to Medicinal Cannabis

Haley and Christy got together, dreamed big, became mindful of those dreams and goals and formed a boutique hemp dispensary called Haus of Jayne. They created the company on the foundation of transparency and are committed to work with responsible farmers and growers to provide organic, certified, and pesticide-free cannabis. Follow Haus of Jayne on social media: [hausofjayne_official](https://www.instagram.com/hausofjayne_official) on Instagram and [Facebook.com/HausofJayne](https://www.facebook.com/HausofJayne). Visit Haus of Jayne at 766 Old Fitzhugh Road, Dripping Springs, 78620. They can be reached at 512 648 7420.



Functional Wellness Clinic & Consultation



Gabria Cathcart, FNP-C, IFMCP

Are you in that peri-menopausal or menopausal stage of life and struggling to feel like your old self? Are your cycles becoming more intolerable? Have you noticed that you are gaining weight especially around your midsection and don't know why when you haven't changed your eating habits?

Are you struggling with?

**Fatigue • Memory • Weight gain • Mood swings • Low Libido • Hair Loss •
Joint pain • Sleep disruption • Hot flashes and night sweats**

It doesn't have to be this way or that hard to notice changes in your body with a few simple tweaks.

Hormones are a huge part of our sense of well-being and our overall health. As women we spend approximately 40% of our life in a menopausal state. Lifestyle changes can make all the difference to improve your metabolic flexibility and improve or eliminate those symptoms that are causing disruption in your life.

**If these symptoms sound like you and you would like to have a conversation,
I would be happy to help you.**

512-887-1817 • FunctionalWellnessCC.com

A great looking lawn with less water

by George Altgelt



It is possible to improve the water-holding capacity of your existing lawn without great expense. Adding a thin layer of proper soil to the lawn easily does it.

Many products people usually put down on their lawns add nutrients, but melt away to nothing. They don't increase water-holding capacity. Dillo Dirt is an example of this. The reason we've never sold or used it in our products at Geo Growers is that it was

found to harbor live staph. Other composts melt away, too.

Solutions.. Increasing water-holding capacity is simple if you use small particles like sand and clay to hold the water and existing nutrients. Additionally, compost adds nutrients. We formulated Geo Growers Turf Topper with a proper combination of all of these ingredients.

A fourth ingredient is what makes that layer a living soil. That ingredient is a diverse soil *biota* (live microbes that interact favorably with one another). And that is also in Turf Topper. With the microbes, the grass will grow in much greener and thicker.

Another helpful action is aeration. The aerator, which punches small plugholes in the surface of the lawn, allows the Turf Top-

per to fall below the surface and keep the hole from collapsing. It doesn't matter if you aerate first or shortly after.

This year seems like it is going to be a hot, dry one. Setting yourself up to need less water will save you money, energy, and obviously – the precious resource of water.

George Altgelt is the owner of Geo Growers, located on 290 and Bells Springs Road. Geo Growers has been in business since 1995 and sells bulk material as well as bagged gardening products and plants. George believes we need to be producing more of our own food, and each one of us can contribute. His goal is to make that as easy and effective as possible.

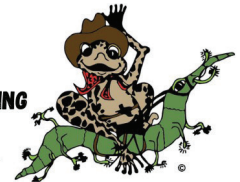
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Are you creating a reactive dog?

by Diana Ozimek



Letting your puppy or dog pull toward other dogs or people for leash greetings as part of their socialization can easily create a reactive dog when they come across a situation that the expected interaction doesn't get to happen.

What can you do in these situations to create a well-balanced dog? First you need to work with your dog on being able to gain their focus in public. When you are out on a walk and see another dog walking by, reward your dog for checking in with you, help lure them past the other dog with a treat or sit to the side and reward your dog for waiting calmly as they go by. If your dog practices pulling up to other dogs to play, they will start to bark and pull when the day comes that you don't want them to or can't let them. They will not understand why they aren't allowed to go up to the other dog, causing frustration and creating reactivity.

The same goes for people. If you let people approach your dog on a regular basis with excitement, your dog will think this is the norm. They will expect every interaction with a new person to be an opportunity to get excited, jump on people, and expect attention. You can use the same exercises listed above when practicing around people in public.

Once you create calm behavior around other people and dogs, you will be able to let your dog know when it's ok to say hi with good manners.

Diana Ozimek is the owner and lead trainer at Good Dog in the Making. She is excited to bring her puppy training expertise to her new community and help families raise a confident, well-mannered dog. GoodDogintheMaking.com, 773 899 1960.

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Diana Ozimek
Owner/Trainer

773.899.1960

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GoodDogintheMaking.com

facebook.com/gooddoginmaking

[good_dog_in_the_making](https://instagram.com/good_dog_in_the_making)



Head snapping market changes

by Steve Mallett

2022 brought with it the unwelcome winds of change in the form of record inflation and rising mortgage interest rates. The Covid real estate surge seems knocked down like someone who insults Mike Tyson. What will the future hold? Is Austin insulated from the coming pain brought on by turmoil in the U.S. and world economies?

Foreseeing the future is impossible. We look to the past for clues about patterns. Like someone driving while looking only in the rear view mirror, we have a good chance of getting it wrong.

Many economists see some rough waters ahead. Rising interest rates have demolished the re-finance boom that allowed people to take advantage of large amounts of equity created as home prices headed to the moon. Neil Armstrong would be jealous. People had begun to expect that rates would be 3% forever. Now rates are tickling 6%; buyers are starting to second guess purchases. We need time for new rates to get baked into the public's decision making.

Current rates are still very historically low. The last time inflation was this bad interest rates were pushing 18%. People still bought homes, but had to buy lesser priced homes as the high rates meant less purchasing power. Once people get used to the idea that higher rates are here to stay they will start buying again. The hope of rates going down is not supported by any economists and it's time for people to get used to the idea of rates creeping higher.

How will Austin fare during these changing times? With so many jobs moving to Austin it's easy to think we will be insulated from any of the teeth pulling – you might be right. Austin has become the jewel in the eye of many people around the world. Tech giants are moving here from around the country. The businesses that support them, from suppliers to restaurants, will thrive with the increased business. The surge in jobs will bring thousands of employees that want to buy homes. The housing supply will not keep up with the demand. This means prices will continue to rise. Maybe not at the meteoric rate that they have in the past two years but they will go in the direction you always wish for. Be thankful that you live in one of the hottest spots in the country. Now, we need to talk about what we do with skyrocketing property taxes.

Steve Mallett has been selling real estate in Dripping Springs and Austin since 2003. His team can help with all of your real estate needs. Residential, commercial, farm and ranch. Call 512 829 2062 or 512 627 7018.



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The truth about refrigerator filters

by Randy Lawrence



Almost every new refrigerator available today comes with a built-in activated carbon filter designed to improve taste or odor. Most models also have some type of reminder system that tells you when to replace the filter cartridge. Many people have questions about these filters. Is it necessary to have the filter in the first place? If so, how important is it

to change that filter as soon as the reminder is activated? Here are a few interesting facts about these filters that may help clear up some confusion and possibly save you some money in the long run.

There are two main types of filter change reminders in today's refrigerator models. The most common is a basic timer system. This system will simply count down a pre-set amount of time (usually six months) and then activate a light which tells you to replace the filter. The main drawback to this method is that it does not take into account the volume of water used. For example, you could go six months without using the ice or water dispenser and the unit will still indicate that it's time to change the filter. It's a fair assumption that the majority of these filters are thrown away far too soon. The other type of reminder system is a little less common. It involves a flow meter which counts gallons as they are used through the dispenser. This is a more efficient method than the timer because it actually measures water usage.

Unfortunately, neither technology knows what your incoming

water quality is. This can greatly affect the lifespan of the filter. If you are on a chlorinated water supply, your filter life will be shorter. If you have a whole house treatment system, like a softener or carbon filter, then the life of your filter would be greatly increased. If your refrigerator is fed by a reverse osmosis system, then your built-in filter becomes completely unnecessary and can be removed or bypassed.

Each case is slightly different, but at \$40-\$60 per filter it pays to know the facts so you aren't wasting money on unnecessary replacements.

Randy Lawrence is the owner of ProQuality Water Systems, a full service water treatment company. He is one of only six Class III Certified Water Treatment Specialists in Hays County (LIC# WT0002693). With over 20 years of experience he has serviced Wimberley and surrounding areas for over a decade.

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Pump Protection: What it is and why your submersible water pump/motor should be equipped with it

by Mason Stevens



Pump protection is essentially a device that monitors and safeguards a single-phase submersible motor installed down a water well for any number of overvoltage or undervoltage problems including: dry-well run (most common), dead-head, and other problems that

could cause the specified voltage associated with the motor to rapidly increase or decrease.

For example, if you have a low-yielding water well on your property and you experience a water stoppage, the submersible pump is likely experiencing an increase in voltage because of a lack of water in the well casing. A pump protection device would recognize the increase and shut the dry/exposed pump motor off to prevent it from overheating. Without pump protection installed, the motor could overheat and permanent unwarranted failure would likely occur. In a worst-case scenario, the pump motor could overheat to the point it begins to melt the well casing, rendering the pump unrecoverable and the well unusable.

If you're interested in more information related to pump protection devices or anything else water well related give us a call. We're more than happy to further explain why this device is im-

portant and, in our opinion, should be installed on every submersible pump. From new wells to water treatment, we are your water well specialist team. Call us at 512 288 1963 or visit us at Glass-WellService.com.

Mason Stevens is the owner of Glass Well Service (GWS), a full-service water well provider serving Dripping Springs and surrounding areas for decades. From new wells to water treatment, we are your one stop shop for all things water related. Offices in Dripping Springs and Llano. Call us at 512-288-1963 or visit us www.GlassWellService.com.

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Litigation: *What is your story?*

by Roland Brown

A good trial lawyer is a good storyteller. The fact that lawyers are sometimes referred to as *wordsmiths* reflects the fact that they are fluent in language or skilled in the use of words. Another term, *mouthpiece*, reflects a deeper level of the use of words. The trial lawyer speaks for

the client and must tell the client's story in a fashion that moves the listener to become involved in that story and to make certain that it has a just ending. In order to effectively speak on behalf of the client, the lawyer must discover the greater story behind what may appear to be merely unfortunate circumstances or mundane facts. Circumstances and facts do not exist in a vacuum, rather they are embedded into the fabric of a person's life. Each person has a story which, properly told, puts flesh on the bones of the circumstances or facts and brings their case to life.

I recall as a young lawyer hearing the eloquent northeast Texas lawyer, Scotty Baldwin, explain how what appeared to be a rather routine damage suit was, when properly explained, an opportunity for the jury to protect the reputation and future of a local syrup producing business built up over decades by the loving toil and sweat of a hard-working family who loved the land and their community. A jury hearing the story in that light was motivated to act to see that the story ended with a just result to the family whereas a jury

presented with a less compelling view of the same facts would not be so motivated.


I have come to realize that my love of well-crafted songs and of the songwriters who compose them comes from the same desire that I have to discover and communicate my clients stories to insurance adjusters, opposing attorneys, focus groups, judges, and juries. When I occasionally try my hand at writing songs, I find myself employing the same skill sets used to prepare a lawsuit such as careful observation of the human condition and choosing language, analogies, and quotes that resonate with the listener. The takeaway for you is that if you find yourself in litigation, make sure that your lawyer really *gets* your story.

Attorney Roland Brown handles exclusively personal injury claims. Roland, who offices in Wimberley, has been voted HAYS COUNTY'S BEST PERSONAL INJURY ATTORNEY for 2020 and for 2021 in annual polls of Hays County attorneys. For more information call 512 847 2500.



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Why use a financial advisor?

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor



Don McGraw

You know how important it is to invest for your future, but you're unsure of the road to follow. If you've never worked with a financial professional before, what can you expect?

A financial advisor will assess your current financial situation – assets, income, debts, and so on – but that's just the start. Advisors recognize the need to view their clients' lives holistically. *What are your feelings about investing? How would*

you judge your risk tolerance? What are your individual financial goals? What hopes and dreams do you have for your family?

Only after fully understanding your needs, goals, and preferences will a financial advisor recommend any investment moves. There are no *one-size-fits-all* solutions. You may want to steer clear of individuals claiming to be financial advisors who *guarantee* big returns with no risk. In the investment world, there are few guarantees, and every investment carries some type of risk.

Financial professionals communicate with their clients in different ways, but you should always feel free to reach out to an advisor with any questions or concerns. Most financial advisors will want to meet with clients at least once a year, either in person or through an online platform, to review their investment portfolios. They will help you determine if any changes are needed. But

they won't wait a full year to contact clients to discuss a particular investment move that might need to be made. Depending on the firm, you should be able to go online to review your portfolio.

A financial advisor can employ a variety of software programs. They can determine the rate of return you might need to attain specific goals, helping shape your investment strategy. There are also a lot of *what ifs* in anyone's life, so an advisor can use hypotheticals to show you where you might end up via different paths, like retiring earlier (or later) than planned or putting in more (or less) money toward a specific goal, such as education for your children.

Advisors boost confidence as you pursue your goals. Among investors who work with a financial advisor, 84% said that doing so gave them a greater sense of comfort about their finances during Covid, according to a 2020 survey by Age Wave and Edward Jones. During market turbulence, an advisor can help you avoid overreacting to downturns. When unexpected events crop up, such as lapse in employment, advisors suggest moves that may avoid major disruptions to your financial strategy. Conversely, when new opportunity emerges, perhaps from an inheritance or some other windfall, your financial advisor can help you take advantage of it.

Navigating the investment landscape can be challenging – but the journey can be a lot smoother if you've got the right guide.

Don McGraw, Financial Advisor specializes in helping individual investors and business owners reach their financial goals. He can be reached at 512-858-2850. Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice.

Dripping Springs Chamber of Commerce Focus on Business: *Grant Bohls*

Grant brings a comprehensive knowledge of the Central Texas real estate market from the ground up. Born and raised in Dripping Springs, Texas, his family business is in custom home building.

Building on his experience, he broadened his knowledge by pursuing degrees in Energy Management and Finance from The University of Tulsa, in Tulsa, Oklahoma. This led to a job as a landman working for an oil and gas company in Midland, Texas. His experience as a landman helped him to hone his negotiation and contract analysis – much needed skills in the fast moving real estate market!

Now back in Central Texas, Grant is excited to combine his upbringing in the home construction business and experience as a mineral negotiator to be a thorough, straight-forward, and available agent to his clients.

Outside of real estate, Grant loves embarking on new outdoor adventures, hunting throughout the state, experiencing new restaurants, and feeding his coffee addiction at local coffee shops. When not at work, he can be found spending time with friends and family



and doing fitness related activities with his gym community. You can also find him giving back to the community with charities such as the Ronald McDonald House.

If you're interested in buying, selling, or investing in property in central Texas, be sure to reach out!

Grant can be reached at 512 947 5753 or Grant@GoWestPole.com. Learn more at GoWestPole.com.



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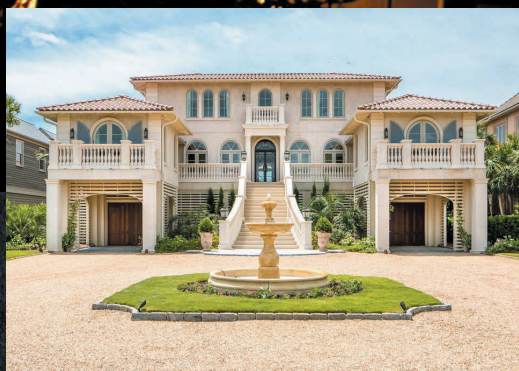
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