

*Dripping Springs*

PRST STD  
U.S. POSTAGE PAID  
PERMIT #30  
Dripping Springs, TX 78620  
ECRWSS

# OUTLOOK

Volume 18 Issue 3 • Dripping Springs, Texas • June 2021

Postal Patron

*The Gateway to Life in Dripping Springs*



**STANBERRY**  
**REALTORS®**

**DRIPPING SPRINGS**  
**512.894.3488**  
www.stanberry.com

AUSTIN  
BASTROP  
CEDAR PARK



**Scott Daves** REALTOR®  
**512.415.2265**  
www.scottdaves.net



**4225 EAST HIGHWAY 290**  
DRIPPING SPRINGS, TX 78620  
High traffic count on the corner of Hwy 290 and Trautwein Road. Has previously been used as office space and is currently vacant. Great visibility and access from both Hwy 290 and Trautwein Road. For sale or for lease. \$1,300,000 or \$1.7psf + NNN. MLS# 3777154



**Stephanie Pope** REALTOR®  
**512.644.0413**  
stephanie@stanberry.com



**EXCLUSIVE RUBY RANCH RESIDENCE**  
BUDA, TX 78610  
934 West Bartlett is a sprawling estate sitting atop two lots, totaling 4.715 acres. Stunning sunset views over the Hill Country. Sprawling home with 5 bedrooms, 5 1/2 baths, offices, pool & spa, RV hook up, gardens, safe room plus so much more. Price upon request.



**Leslie Crider** REALTOR®  
**512.626.9249**  
leslie@stanberry.com



**Bryan Pope** REALTOR®  
**512.848.6163**  
pope@stanberry.com



**DSISD OR WIMBERLEY ISD:**

- Small acreage for a custom home to include paved roads, with or without utilities, and thoughtful restrictions
- Newish home 1-3 yrs old on large lot
- No master planned communities
- Up to \$700,000



**COMMERCIAL OPPORTUNITIES**  
DRIPPING SPRINGS, JOHNSON CITY & OAK HILL  
1,361 - 6,629 SF  
Flex-Office-Medical-Professional  
Highway 290 & Highway 281, Highway 71 Frontage  
Pre-Leasing to-be-built at NEST on Creek Road  
\$18.00 - \$27.00 SF/YR NNN



**Bonnie Burkett** REALTOR®  
**512.214.7502**  
bonnie@stanberry.com



**Lauren Paine** REALTOR®  
**512.964.7245**  
lauren@stanberry.com



Does your dream habitat include a **PASTURE?**  
C'MON, I'LL SHOW YOU THE POSSIBILITIES!



**8300 SIRINGO**  
DRIPPING SPRINGS, TX 78620  
3 Beds/2 Baths  
1700 SF  
\$499,000  
Multiple offers!  
Ready to make a move?  
Give me a call to ask about my marketing strategy!



**Edith Austin** REALTOR® CNE  
**512.695.0171**  
edith@stanberry.com



**Garrett Beem** REALTOR®  
**512.762.6217**  
beemteamtexas@gmail.com



**614 CANYON RIM**  
DRIPPING SPRINGS, TX 78620  
Beautiful Sunset Canyon V 3 bedroom, 2 bath home with an office on 1.3 acre. Family room with fireplace, open to dining area and kitchen. DSISD, low taxes, Hill Country living!



**367 PINK GRANITE**  
DRIPPING SPRINGS, TX 78620  
3,348 SF  
4 bedrooms with dedicated office  
3 car garage  
Media/game room  
Backs to amazing greenbelt space/wet weather creek  
Listed for \$729,900



**Odell Equipment Company**  
ROY ODELL **512-923-8608** roygodell@gmail.com

ROADS • DRIVEWAYS  
SITE PADS • LAND CLEARING  
ON-SITE SEWAGE FACILITIES  
LICENSED INSTALLER

# Today

What does the month of June make you think of? In our family we celebrate my mother's birthday earlier on in the month, rotate anything with sleeves to the back of the closet, shift schedules and plans to work around the mid-day heat.



The official start date of summer isn't until June 20, but that hardly seems to make a difference in the feel and attitude of June. It's also the middle of the year. I start to reevaluate the resolutions I made in December and January and assess any progress.

The beginning of summer also reminds me to slow down – as much as I want to speed up and accomplish all I can before the year's end. My son's birthday is close to the last day of summer. That alone is enough to give me pause.

I've heard a lot of people say they're over 2021. That this year was supposed to be different but so far it's been just as challenging as 2020. 2022! They say. You know what? Today. All we have is this present moment. Today. May the future be sweet but for now, let's appreciate today.

## Cyle

## DSOutlook.com



© 2010, Dripping Springs Area Chamber of Commerce

# Dripping Springs Outlook

## *publisher*

Victoria Belue Schaefer

## *editor/creative director*

Cyle Johnson

## *ad design/associate publisher*

Joey Johnson

## *cover photograph*

Kevin Schaefer

## *contact*

512-709-6935

Info@DSOutlook.com

*The Dripping Springs Outlook*, a subsidiary of Pedal Ranch Publications, is mailed monthly to all street addresses serviced by the Dripping Springs Post Office in 78620, plus selected routes in 78737.

It is also distributed to businesses throughout the community.

Contact us to find out how you can submit information, photos or promote your business directly to over 13,000 addresses.

*Entire contents copyright ©2021. Reproduction of any of this publication requires written permission of publisher.*

*We are not responsible for the products and services advertised or the views contained in this publication.*



## Pedal Ranch Publications

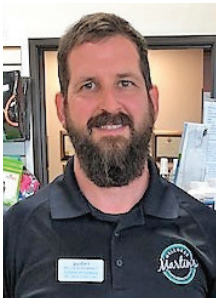
# Dripping Springs Outlook

## CALENDAR of EVENTS

- Every Sun. 12:30. Christ-centered anxiety/depression Hope Group Zoom Meeting. Contact Marsha Young at 512-738-5109.
- Every Mon. 12pm, DS Rotary Club meets at Flores, 2440 E Hwy 290 W. For more information visit [DrippingSpringsRotary.org](http://DrippingSpringsRotary.org).
- Every Mon. 9am All Abilities Chair Exercise, Dripping Springs Community Library, 501 Sportsplex DR, 512-858-7825 or [DSCL.org](http://DSCL.org) for info. No exercise on library holidays.
- Every 1st Mon. DS Ag Boosters meet in Ag Building behind DS Middle School at 7pm. Visit [DSAgBoosters.org](http://DSAgBoosters.org) for updates.
- Every 1st & 3rd Mon. 6:30pm, Lions Club meets at Dripping Springs Ranch Park located at 1042 Ranch Road 12. Across from the DS Elementary School. For information call Sharon Goss at 512-923-8630 or email [dslionsclub@gmail.com](mailto:dslionsclub@gmail.com).
- Every 2nd Mon. G.O.D.S. Moms. Free Childcare. Contact Joanne Thomas at 512-894-0581 for more details.
- Every 2nd Mon. Dripping Springs 4-H Club meets at 6:30pm at the Ag Booster Building (located behind DS middle school).
- Every 3rd Mon. Eastern Star meets at Rambo Lodge at 7:30pm. Call Kathy Clark for more info, 512-858-7004.
- Every 3rd Mon. 7pm. Hill Country Centering Prayer Community meets at a local residence. Call Myra at 512-496-1531 or Sharon at 512-413-3248.
- Every Tues. 6:30pm Toastmasters of Dripping Springs meet at Pioneer Bank, 100 Creek Rd. Visitors welcome. For more info visit [DSToastmasters.com](http://DSToastmasters.com).
- Every Tues. 5:30pm Al Anon meeting is being held at the Dripping Springs Presbyterian Church, 26650 Ranch Road 12. It is a general discussion meeting. Childcare provided.
- Every Tues. 6pm Nar Anon Family Group at Friendship Creekside Fellowship 14455 Fm 1826. Nar Anon is a 12-step program for family and friends of drug addicts. We share our experience, strength and hope.
- Every 2nd Tues. Bluebonnet Auxiliary meets at 2pm at Hill Country Care Nursing and Rehab Center, 1505 W. 290. Call Janice Ruyle, 512-264-2538 for more information. Volunteers needed. The Bluebonnet Aux provides entertainment and special events for the residents of HCC.
- Every 2nd, 3rd and 4th Tues. 7pm, DS Boy Scout Troop 101 meets at the DS United Methodist Church. Call Tim Short at 512-743-2537.
- Every 4th Tue. Artists Alliance of the Hill Country meet alternating between The Barn on 4000 Bell Springs Road in Dripping Springs and Artists studios. For more information visit [ArtistsAllianceHC.com](http://ArtistsAllianceHC.com).
- Every Wed. - Sat. Noon-3pm, Dr. Pound Pioneer Farmstead and Museum is open for tours. Call 512-858-2030.
- Every Wed. Farmer's market at the Triangle, 3-6pm. For more info contact [CityofDrippingSprings.com](http://CityofDrippingSprings.com) or 512-858-4725.
- Every Wed. at 8:30am. The Hill Country Christian Business Networking Alliance meets at El Rey. For more info visit Hill Country Christian Business Networking Alliance (HCCBNA) on Facebook.
- Every Wed. 5-6pm. Christ Centered Prayer, meditation and class. McArthur Hall Meeting Room #1, St. Stephen's Episcopal Church 6000 FM 3237. For more info call 512-847-9956
- Every 3rd Wed. Dripping Springs Cook-Off club meetings in the VFW hall in Dripping Springs. For more information call Michele Ryon 512-299-7455.
- Every 1st Thur. 7pm Vince F. Taylor American Legion Post 290 of Dripping Springs invites all eligible veterans to 101 Old Fitzhugh Rd. For information call 512-858-5637.
- Every 1st Thurs. 6-7:30pm, Nonfiction Addiction Book Club at the Dripping Springs Community Library, [DSCL.org](http://DSCL.org), 512-858-7825. Newcomers welcome. Email [AdultServices@dscl.org](mailto:AdultServices@dscl.org) for details.
- Every 1st Thur. Apr.-Dec. *First Thursday Dripping Springs*, merchants extend their hours until later in the evening and have a variety of specials which might include one-day sales, special activities, food, music and art. For more info visit [FirstThursdayDrippingSprings.org](http://FirstThursdayDrippingSprings.org).
- Every 3rd Thur. 7pm, DS VFW Post 2933 invites all eligible veterans with foreign service to 101 Old Fitzhugh Rd. Call 858-5637.
- Every 3rd Thur. 7pm, Family Support Group for family members, parents, adult children, and partners of individuals living a with mental health condition. Meets at St. Martin de Porres Catholic Church, Room 1. Contact [info@namicentraltx.org](mailto:info@namicentraltx.org) for more information.
- Every 4th Thur. 6pm, Photographers of Dripping Springs meets at the Holy Spirit Episcopal Church, 301 Hays Country Acres. Visit [Photographersofds.us](http://Photographersofds.us) or on Facebook.
- Every 2nd Fri. Mothers of Preschoolers (MOPS) group meets at 9am at the Episcopal Church of the Holy Spirit (301 Hays Country Acres at Hwy 290W). Childcare available. For information call 512 858-4924 or email [DrippingSpringsMOPS@gmail.com](mailto:DrippingSpringsMOPS@gmail.com).
- Every 1st Sat. On or after the full moon, 7:30pm, Rambo Masonic Lodge 426 meets. Dinner at 6:30pm. Call 512-858-7177.
- Sat. June 19, Juneteenth.
- Sun. June 20, Father's Day.

CityOfDrippingSprings.com or 512-858-4725 • (Chamber) [DrippingSpringsTx.org](http://DrippingSpringsTx.org) or 512-858-4740  
 (DSISD) [Dripping-Springs.K12.tx.us](http://Dripping-Springs.K12.tx.us) • (DSISD Sports) [Dripping-Springs.txed.net/AthleticNews](http://Dripping-Springs.txed.net/AthleticNews)  
 (DS youth Sports) [DSYSA.org](http://DSYSA.org) • [DrippingSpringsTx.com](http://DrippingSpringsTx.com)

Entire contents copyright ©2019. Reproduction of any of this publication requires written permission of publisher.  
 We are not responsible for the products and services advertised or the views contained in this publication.



## Restore the gut-brain connection

by Edwin Dossman

It is well known in today's scientific circles that there is a significant connection between our brain and gut tissues; science has called the gut our *second brain*. It consists of two thin layers of more than 100 million nerve cells that line our gastrointestinal tract from our sinuses all the way down to our rectum and serves as a vast communication network.

Most neurotransmitters, such as serotonin and dopamine, are made in our gut lining with very little made in the brain. You could say that the gut is the main switchboard which sends the signals and the brain is the computer that processes the information. This communication system affects the immune system, neural function, and ultimately our overall health.

Good gut-brain health is affected by everything from the food we eat and air we breathe, to what we put on our skin. Our food supply is loaded with chemicals, GMOs, herbicides, and animal antibiotics, all of which affect our immune systems. We have lost most of the nutritional value of our food, along with our body's inherent ability to combat environmental toxins. Even if you adopt a much healthier plant-based organic diet, exposure to all these factors can eventually lead to the degeneration of the human cell.

Restore created by Biomic Sciences is a unique supplement that promotes an optimal gut environment and facilitates the gut-brain connection. It is not a probiotic or a prebiotic but supports

the production of the tight junction barrier system, which protects the immune and neurological systems and regulates the delivery of water and nutrients to the body. Additionally, Restore can help replenish bacterial and fungal populations that contribute to a healthy microbiome which, in turn, supports the gut-brain communication network.

At Martin's Wellness Pharmacy we are very happy to make this product available at our Lamar Plaza Drugstore and Dripping Springs Pharmacy locations.

*Edwin has a BA in Sociology / Anthropology from Texas Tech University and has been a Wellness Consultant for over 25 years and is very knowledgeable about human physiology and wholistic approaches to health.*

**Dripping Springs Pharmacy**  
100 Commons Rd. Ste. 1  
512-858-7935  
M-F 8am-7pm | Sat. 9am-2pm  
MartinsWellness.com

Meet Geary Grissom, CNC, MH  
Wellness Consultant  
In Store FREE  
Wellness Advice

## What do you know about erectile dysfunction?

by Breca Tracy, PhD



Did you know erectile dysfunction (ED) happens to all men? It's more like, when do men recognize a change? Erectile dysfunction most commonly starts in your late 20's to early 30's and affects about 50% of men over 40. Some men don't see a physical change in their 20's or 30's. Even if you're not having issues just yet, be preventative! If you're struggling

to perform, having a difficult time executing spontaneity because you have to rely on pills, or are just looking to stay on top of your game, REGENERATE's new Alma Duo™ could be for you.

We took the plunge! You all have been asking for years and we are finally delivering. Timing is everything and our timing is now. We are the very first in Dripping Springs, the Austin area, and one of the first ten Alma Duo devices to hit the United States.

*What is the Alma Duo?* A series of 15-minute, in-office, simple treatments using low-intensity gold standard shock wave technology – clinically validated to stimulate better blood flow and restore natural sexual performance – bringing spontaneity back to life.

*How does it work?* Peak pressure exerts direct mechanical stress setting off a cascade of wound healing responses inducing new vascularization and formation of new blood vessels restoring better blood flow and natural function to the treatment site.

*Why is it different?* Unlike other shock wave technologies,

Alma Duo's patented applicator is designed to reach deeper depths (135mm) with three times fewer pulses and lower energy to effectively treat the sex organ and penile crus – where 50% of the cavernous bodies that comprise the *corpora cavernosa* are located.

*Why trust it?* The restorative properties of Alma Duo have been clinically validated with the most published studies dating back to 2010, including hundreds of male patients around the world. *Cool, huh?* We thought so. Schedule your free consultation.

*We have a very unique team of experts here in Dripping Springs. Come see us, call us, or email us! Dr. Breca Tracy currently serves as Director of Science & Operations at REGENERATE Dripping Springs. Breca has resided in Dripping since 2007 after obtaining her Ph.D. in Biochemistry and Molecular Biology from the University of Oklahoma Health Sciences Center. Contact us at 512-368-4548, NaturalHealingTX.com.*

**REGENERATE**  
rebuild • rejuvenate • rewind  
natural healing from the inside out

Breca Tracy, PhD  
Director of Science  
& Operations  
512.368.4548

www.naturalhealingtx.com  
800 Hwy 290 W, Building F, Suite 200  
Dripping Springs, TX 78620



## Outdoor hiking and injury prevention *by Dr. Jeremy Kethley, PT, DPT*

Summer 2021 is upon us. Time to get outdoors. Hiking and backpacking are two of the most challenging, yet rewarding activities that an individual can partake in. The outdoors can truly point out weaknesses and strengths and challenge a person to overcome obstacles that they

never knew they would be able to conquer. To avoid injury and get the most out of a hiking or backpacking adventure, the outdoor athlete must train properly and consistently throughout the year.

The short day hike typically consists of a 5-8 mile hike with minimal elevation and minimal rock and hill negotiation. In order to prepare for these types of hikes, the outdoor athlete can utilize a treadmill or stair climber in the gym or the outdoors around their neighborhood to address endurance training. When using a treadmill it is best to vary the elevation and speed during total mileage to address varying heart rate patterns and muscle motor usage. This also applies to the stair climber with regards to varying speed to mimic rock and hill negotiation. During short day hikes typically the outdoor athlete will utilize a small back pack or camelback with a 2 liter bladder, therefore training with any weight is not necessary. Target muscle areas to address for these type of hikes are hip extensors, quadriceps, hamstrings, anterior tibialis, gastroc/soleus, and core musculature.

The long day hike typically consists of a 9-15 mile hike (some-

times up to 20 miles depending on what the athlete is training for) on varying terrain, elevation, and possible water body crossing. During longer day hikes a heavier pack is often utilized for the storage of water bladder, water bottle, food, extra socks, water shoes, poncho, trekking poles, first aid kit, and extra layers of clothing depending on the location of the hike. Training for these types of hikes will also consist of a treadmill, stair climber, elliptical trainer, and walking outdoors. Muscle groups that need to be addressed are similar to the short day hike regime with the addition of single and double leg balance training, squats, step ups, step downs, back extensor and oblique strengthening, upper trap, lats and triceps strengthening, and plyometric training with focus on proper landing technique. A weighted vest or hand weights may be utilized to simulate the weight of the pack along with actual utilization of the day pack during cardio endurance training, lower extremity closed kinetic chain exercise, and balance activities to simulate the actual hike and utilize the proper muscles of the body.

As you can see, the best advice is to put your pack on and get started! If you do injure yourself, please see your doctor and ask for physical therapy. Our motto at Kethley Physical Therapy is "Keeping Dripping Springs Moving" or *Hiking!*

*Jeremy has been practicing and serving the Dripping Springs community for the past 21 years. Kethley Physical Therapy has two locations at both ends of Dripping Springs and they have eight physical therapists ready to help you or your athlete.*

# KETHLEY PHYSICAL THERAPY

*Locally owned and operated*



**5 Years In A Row**

*Serving the Dripping Springs Communities for 20 years!*

**Now Two Locations Serving the Dripping Springs Community**

**(512) 858-5191**  
**800 West Hwy 290, Bldg B**  
**In The Arbor Center**

**www.KethleyPT.com**

**(512) 894-2194**  
**13830 Sawyer Ranch Road, Ste. 300**  
**In The Medical Tower at Sawyer Ranch**



## Mommy, Daddy, I'm thirsty!

by Ron S. White, DDS

Mothers and fathers hear this from their children from toddlers to teens. The action we take in reaction to this request can set our children up for either a lifetime of good dental and physical health, or a lifetime of poor choices that can lead to dental and physical problems.

As parents, the choices we have include milk, juices, soda, Gatorade, energy drinks, and water. In order to make a healthy choice we need to know what these drinks contain. Milk and juices are filled with nutrients that children need. Juices, however, also have a high citric acid content and milk has a high sugar content so these are good choices with meals when their saliva increases, washing away the acids and sugars.

There is the temptation to give our children sodas, Gatorade, and energy drinks. Is this a healthy choice? Probably not, especially if it is in a sippy cup or used between meals. The following compares the product, acid, and sugar content of common choices. Please note that low equates to bad and the sugar content noted is based on a 12 gram serving. (Product, acid, sugar)

- Pure Water, 7.00 (neutral), 0.0
- Barq's, 4.61, 10.7 tsp.
- Diet Coke, 3.39, 0.0
- Mountain Dew, 3.22, 11.0 tsp.
- Gatorade, 2.95, 3.3
- Coke Classic, 2.63, 9.3 tsp.
- Pepsi, 2.49, 9.8 tsp.

- Sprite, 3.42, 9.0
- Diet 7-Up, 3.67, 0.0
- Diet Dr. Pepper, 3.41, 0.0
- Surge, 3.02, 10.0
- Gatorade, 2.95, 3.3
- Hawaiian Fruit Punch, 2.82, 10.2
- Orange Minute Maid, 2.80, 11.2
- Dr. Pepper, 2.92, 9.5
- *Battery acid*, 1.00, 0.0

Source: Minnesota Dental Association

The threshold pH for enamel dissolution is 5.5. Water has a neutral pH and is harmless. Battery acid destroys tooth enamel. Many common drink choices are listed from *better* to *worse*, showing both acid and sugar content. Another important thing to remember when making choices is that soft drinks are linked to lower bone density in adolescent girls. There is also concern that soft drink consumption often replaces milk consumption. This can lead to calcium deficiencies. The empty calories in soda are also a factor in the rapid increase in childhood obesity.

The next time your child says, *Mommy, I'm thirsty!* think about your reaction. Between meals, water is the best choice for your child to learn about and maintain good dental and physical health.

*Dr. Ron White is located at 4189 E. Hwy 290. He has served Dripping Springs Smiles for over 15 years. He and his team strive to provide comfortable, compassionate care in a calm and luxurious office. Appointments can be scheduled by calling 512-858-LOVE Your Smile (5683).*



Always Accepting New Patients



RON S. WHITE, DDS

FAMILY, COSMETIC & IMPLANT DENTISTRY

4189 East Highway 290, Dripping Springs, TX  
www.RonSWhite.com

CALL TODAY FOR YOUR  
FREE CONSULTATION!

512.858.LOVE



## Dealing with difficult acne or acne scars: *We have solutions for you*

by *Rocco C. Piazza, M.D*  
& *April Daniel, FNP-C*

It's estimated that 50 million Americans live with acne each year. Most people have experienced the inconvenience of dealing with acne to some degree – occasional breakout or chronic acne.

The battle with acne is not easy; it can deeply affect a person's self-esteem and confidence. While many are able to minimize these effects with treatment, others are left with long-term acne scars that undermine their confidence. We have worked diligently at our plastic surgery clinic in Austin to create proven treatment solutions for you.

Forever Clear BBL™ is a cutting-edge, FDA-approved acne treatment that uses the power of light to comfortably and effectively clear acne without creams or medicine. BBL is the world's most powerful Intense Pulsed Light (IPL) device delivering light energy deep into your skin to stimulate and regenerate your skin cells.

- Step 1: Skin is first treated with blue BBL light to eliminate acne-causing bacteria at its source – deep down in the pores.
- Step 2: Skin is treated with yellow BBL light to reduce inflammation and acne-associated redness for healthy, luminous skin.
- Step 3: For added benefit, the skin is then treated with SkinTyte II using infra-red light in rapid, gentle pulses to initiate the body's natural healing process.

Microneedling gives our patients at The Piazza Center in Austin, Texas, an innovative, effective option for significant skin rejuvenation and improvement of the appearance of acne scars without pain or downtime. We use the SkinPen®, the first FDA-cleared mi-

croneedling device, which offers unparalleled safety and reliably beautiful results, especially when compared with older dermarollers and even some laser devices.

Laser Resurfacing includes our Sciton ProFractional and Contour TRL technologies to minimize acne scars and create smooth skin contours with surgical scar revision. Laser scar revision removes layers of scarred skin. This treatment also stimulates collagen production to correct uneven skin texture and pigmentation.

For added benefit, we invite you for a complimentary Vizia Skin Analysis to better understand the current state of your skin so that we may create a customized skin treatment plan including a skincare regimen designed to keep your skin lasting clear.

Call us to get your complimentary consultation scheduled.

*Rocco C. Piazza, M.D is a Diplomate of The American Board of Plastic Surgery, a member of the American Society of Plastic Surgeons, as well as a national spokesperson for the ASPS. Call 512-288-8200 and visit the web site [www.ThePiazzaCenter.com](http://www.ThePiazzaCenter.com).*



ROCCO C. PIAZZA, MD, FACS  
Plastic & Reconstructive Surgeon

5920 W. William Cannon Drive  
Mesa Oaks Building Seven, Suite 200  
Austin, Texas 78749

O: 512.288.8200  
F: 512.288.8207

[www.thepiazzacenter.com](http://www.thepiazzacenter.com)



## Virus times: *Making tiny changes*

by *Leslie Tourish, LPC*

I was talking with a friend who told me she was ready to get back more fully into life now that she's had both of her vaccines. She had made plans to meet up with an old friend for lunch, a person she hadn't seen since before the shutdown.

At first she was looking forward to the visit, but as the day grew closer, a sense of dread crept in. She hadn't been to many restaurants or driven in heavy Austin traffic for awhile. And then she got to thinking – really, how effective was the vaccine, especially if there was some rogue Coronavirus-19 variant out there? On the day of the lunch her friend called to cancel because something had come up. She said at first a sense of relief washed over her. Then sadness, because relief had been her first emotion. After all, she did miss seeing her friend. Staying safe and traveling no more than ten miles from the house wasn't her idea of living.

People need change, preferably in small to medium doses. We're not big fans of having something thrust upon us, then turning everything up on its ear. That kind of change is a recipe for stress. And nothing fits that distasteful bill better than a global pandemic. So after this tough year, you hopefully adapted and stabilized enough to create a new normal. Now as the infection rates

are going down due to people taking vaccines, maybe you're taking steps back to a life you want and miss. Except there are new habits of worry which – unchecked – might bury the needle into hypervigilance.

It's important to view worry for what it is – our desire for healthy self-preservation. You're alive today because your ancestors were aware (or lucky enough) to not get yanked out of the gene pool by dangerous situations. So how do you turn down the volume of excessive worry? Be aware if you have created a habit of worry. If so, then move forward into your challenge in order for your brain to learn and rewire. While you may compare your life with how easier things used to be, try to be happy with the smaller steps you take today and keep building from there. Practice self-compassion. What we have all endured this past year will make the history books. It's been hard and some of us didn't make it. But if you're still in the game, then that's success right there.

Russian author, Leo Tolstoy, who was a witness to wars and cultural upheavals, expressed such sea changes when he wrote, "True life is lived when tiny changes occur."

*Leslie Tourish, LPC, is a Dripping Springs psychotherapist in private practice. To contact Leslie, please go to [www.LeslieTourish.com](http://www.LeslieTourish.com) or [www.LATourish.com](http://www.LATourish.com)*





## Emotional pitfalls

by Diana Ozimek

Guilt is probably one of the top reason's owners are unsuccessful in raising a well-behaved dog. We're all guilty of it, we feel bad about this or that and let the dog create habits we don't want. *I feel bad not letting my puppy meet other dogs on walks. I feel bad telling people no*

*when they ask to pet my puppy. I feel bad correcting my puppy for jumping on people when the people tell me it's ok if they jump. I feel bad sitting on the couch and making my puppy lay on the floor. I feel bad using a crate.*

If you have experienced any or all of the above you are probably feeling very frustrated at the results that have been created. A dog that pulls, barks, jumps, gets overexcited about everything besides you. A dog who is destructive if left out but throws a fit if put in a crate. If it's gone too far you might have a dog who growls or snaps at you when you try to move them from the couch or roll over in bed. And, if it's gotten really bad there may be a lot of tension in the home between family members due to the dog's behavior.

If you are getting a puppy, make a plan. What will your management system include, what's your training path, what boundaries need to be set? If you already have a puppy or dog who is displaying behaviors you don't want, it's time to back it up and see

where you can start to make changes in their schedule, start training, and include more structure and rules in their life. If you're not sure where to start, think about the type of dog you'd like to have. For instance, a dog that's calm in public, a dog who doesn't beg, or a future jogging partner. What does the dog need to be able to do and not do in order to fulfill those goals? Getting a clear picture will help you put together a plan and reach your goals.

*Diana Ozimek is the owner and lead trainer at Good Dog in the Making. She is excited to bring her puppy training expertise to her new community and help families raise a confident, well mannered dog. www.GoodDogintheMaking.com, 773-899-1960, training@gooddoginthemaking.com*



- Puppy Boarding School**
- Private Lessons All Ages**
- Engagement**
- Obedience**
- Socialization**

**Diana Ozimek**  
 Owner/Trainer

**773.899.1960**

[training@gooddoginthemaking.com](mailto:training@gooddoginthemaking.com)

[GoodDogintheMaking.com](http://GoodDogintheMaking.com)

[facebook.com/gooddoginmaking](https://facebook.com/gooddoginmaking)

[good\\_dog\\_in\\_the\\_making](https://good_dog_in_the_making)



## Does your pet need vaccinations?

by Frank Shuman, DVM

What vaccines are necessary for your pet? While this may seem like a relatively simple question, the truth is it can be quite complicated. Here are a few facts concerning vaccinations.

Less than 70% of our pet animals in the United States are vaccinated for rabies which is the number recommended by the World Health Organization. It is this population that, from a disease prevention standpoint, *buffer* us humans from the wildlife reservoirs of the disease. Dogs are typically vaccinated for other diseases that can be transmitted to humans such as leptospirosis, hepatitis, and Lyme disease. Again, the percentage of dogs vaccinated for these diseases is important in preventing their occurrence in humans.

There has been some controversy in the veterinary field as to how often certain vaccines are necessary. This is truly a very complicated subject. The length of immunity derived from vaccinations depends on many factors including the type of virus being vaccinated for, the immune status of the patient, the number of virus particles in a dose of the vaccine, the type of adjuvant (or *immunostimulant*) used with the vaccine, the specific *serotype* of the virus used in the vaccine versus the specific serotype the animal is exposed to in the field, etc.

Vaccine manufacturers are beginning to produce vaccines other than rabies that are approved for three years. One thing we can say is that vaccine protocols for pets will be changing in the future

and it is likely that there will be some vaccines required annually and some vaccines less often. What we can be sure of is that your veterinarian is in the best position to determine what vaccination protocol is best for your pet on an individual basis.

It may be important to remember that our pets age far more rapidly than we do. An annual exam for your pet is roughly equivalent to seeing your doctor every seven years or so. Vaccination protocols aside, an annual exam by your veterinarian may be critical to your pets' health. Early detection and treatment of disease is the single most important factor in our ability to cure many conditions, notably cancerous diseases and many others.

*Frank Shuman IV is the Medical Director at Drippings Springs Animal Hospital, serving the area for over 30+ years. Located at 1520 E. HWY 290. He can be reached at 512-858-4787.*



Frank Shuman, DVM

*A Full Service  
Small Animal Hospital*

512-858-4787

Dripping Springs Animal Hospital

Since 1985
1520 E. Hwy 290



## Fish oil and healthier skin

by Karen Laine,  
Para-Medical Aesthetician

You've heard about Omega-3s benefits for your health, but did you know they are crucial for supple, clear, healthy skin?

Skin cells are short-lived with a rapid turnover rate, meaning nutrients needed to build new cells must readily be on hand. Omega-3s are a key component in

the fatty membranes of skin cells. Without this special type of fat on hand, the body must build new cells with *inferior* fats, resulting in less than optimal skin health. As we age, getting enough Omega-3s is even more important as they are necessary to ensure healthy cell membranes that keep skin hydrated.

The primary cause of skin aging is the sun's UV rays. Think of Omega-3s as internal sunscreen. The two kinds of Omega-3s found in fish oil, EPA and DHA, increase resistance to UV light and act as protection from harmful free-radicals formed when unprotected skin is exposed to the sun. EPA goes one step further to help block the release of UV-induced enzymes that break down collagen which leads to fine lines, wrinkles, and sagging skin.

Any condition that ends in *-itis* indicates a problem associated with inflammation. Dermatitis, psoriasis, rosacea, and eczema are inflammatory conditions of the skin. If you've visited a dermatologist lately, chances are he/she probably didn't speak with you about your diet. A number of credible studies strongly correlate the Western diet with inflammatory skin conditions, acne, and oily

skin, specifically dairy, refined carbohydrates, and grain foods. Along with diet changes, Omega-3s can improve these conditions by greatly reducing silent inflammation in your body. Unlike acute inflammation from surgery or injury, silent (chronic) inflammation is much more dangerous because it isn't readily apparent. If left untreated, it can lead to serious health conditions like heart disease, arthritis, and possibly even some types of cancer.

Whether your goal is to fight aging, reduce inflammation, clear up acne, or simply improve your skin's health and appearance, high quality Omega-3 supplements are great additions to your beauty regimen.

*Karen Laine is a para-medical aesthetician and makeup artist with 23 years experience. Contact her at 512-847-8052. Her office is located at 14500 Ranch Road 12, suite 20, in Wimberley.*



## One year the milkweed entered my life

by Deborah Carter Mastelotto

Once I went to an art exhibit – *Arshile Gorky – The Breakthrough Years* – at the Modern museum in Fort Worth. Our local newspaper described this particular show as “luscious”. How could I resist?

For me, the Arts District in Fort Worth is the stuff dreams are made of – I love it so much I could work for

their chamber of commerce. First, there is the acoustically perfect Bass Performance Hall, modeled after the great opera houses in Vienna. It's across a cobblestone street from the historic Worthington Hotel (where I always stay). You can't miss it's angels – their golden trumpets tower two stories over the sidewalk and flank the entrance. I saw David Byrne play there with Austin's own Tosca String Quartet. Fort Worth's botanical gardens are voluptuous and magnificent, and even boast a Japanese garden. I believe it's even better than the one in San Francisco. I actually got a chance to visit both within a month, so I compared.

The Cowgirl Museum lives there, so do the Remington sculptures at the The Amon Carter. I stood in line at the internationally acclaimed Kimball for hours to see the rare Barnes exhibit as it was traveling across the country while it's home in Philadelphia got some much needed repairs. But my favorite place, my happy

place, is The Modern. It's Texas' oldest art museum, founded in 1892, in what is now the city's Cultural District. The new building designed by architect Tadao Ando opened to the public in 2002 and at that time it was said to possess, “the finest use of water in architecture in the world.” I love this new building, but it was the old building, the original, where I saw *Arshile Gorky—The Breakthrough Years* exhibit, the show that helped me understand modern art – and milkweed. The then curator, Michael Auping, tracked down the last great paintings of the Gorky's lifetime and presented them to Texas in a truly “luscious” show.

What does all this have to do with milkweed? Well, I fell hard for one of Gorky paintings, titled *One Year the Milkweed*. What a strange title for a painting. And, just what exactly was milkweed? So I did some research. I discovered the connection between milkweed and the Monarch butterfly, how important the milkweed is to Texas and the Monarchs breeding and migratory habits. Now I see milkweed everywhere on my walks, where I never noticed it before. It makes me smile to think I owe my love and knowledge of milkweed and the Monarch butterfly to Fort Worth, The Modern, and Arshile Gorky.

*Deborah Carter Mastelotto is a pathological entrepreneur, a minor student of quantum physics, unapologetic observer of human nature and undefatigable advice-giver. pinkchronicity.com. Pink West Salon located at 511 Old Fitzhugh Rd. 512-447-2888*



## Cultural practices help suppress pests

by Steven Austin

Maintaining plant health with sound cultural practices controls pest infestations. Proper pruning, soil health, correct mulching, and timely irrigation are routine considerations to maintain healthy plants and prevent pest problems. Some of the most serious insect and disease

problems include borers, bark beetles, cankers, and root disease. Cultural practices play an integral role in suppressing pest populations. Pruning and surgery are used to eliminate diseased and insect infested branches and plant tissue.

Removing leaves at the end of the growing season reduces the potential of foliage diseases on susceptible species the following year. Eliminating fallen holly leaves effectively suppresses leafminer populations. Phytophthora root rot is largely controlled by good cultural practices. Phytophthora is discouraged by adequate amounts of soil organic matter to promote growth of antagonistic microorganisms.

Monitored irrigation also discourages the pathogen's growth and spread. Maintaining a soil pH near neutral or above will inhibit the disease. But the most important cultural practice is the design and planting of a landscape. Selecting plants that are suited to the site is key. Spacing plants to allow for future growth reduces dis-

ease problems later on by allowing better light and air circulation. Many insect and disease problems in new landscapes result from poor attention to basic planting techniques. Common mistakes like planting too deep and excessive mulch on root flares cause future issues.

Modern pest management relies on integrated combination of sound cultural practices. Releasing beneficial insects like ladybugs when possible, applying timely chemical treatments as necessary and placing an emphasis on natural and organic products are all components of a good program of care. In landscape pest management, cultural practices form the cornerstones of the management program.

Schedule a consultation with a certified arborist to learn more!

*A Wimberley resident, Steven Austin is a member of the Texas Chapter of the International Society of Arboriculture and is an ISA Board Certified Master Arborist and ISA Tree Worker/Climber Specialist. His expertise includes integrated pest management of trees and shrubs and state-of-the-art organic treatments. He holds a commercial pesticide license with the Texas Department of Agriculture and is Texas Oak Wilt Certified by the Texas Forest Service. Steven is an Arborist Representative for Bartlett Tree Experts. Call 512-392-1089 or toll-free at 800-443-8733.*

**If you are in the market to sell...**  
**CALL US TODAY!**  
*Looking to buy? Let us help you...*

EVERY DAY OUR COMPANY UNITES BUYERS AND SELLERS OF COUNTRY REAL ESTATE. OUR TOP RATED WEBSITES AND 90 YEARS OF EXPERIENCE AND UNMATCHED MARKETING MAKE IT A PLEASURE TO SELL YOUR PROPERTY.

**United Country Real Estate** | **1 8 3 6 REALTY GROUP**



**Greg Browning, REALTOR®**

**Ranches | Country Homes | Lifestyle Properties**

**512-317-2288**

**greg@1836realtygroup.com**

**1836realtygroup.com**

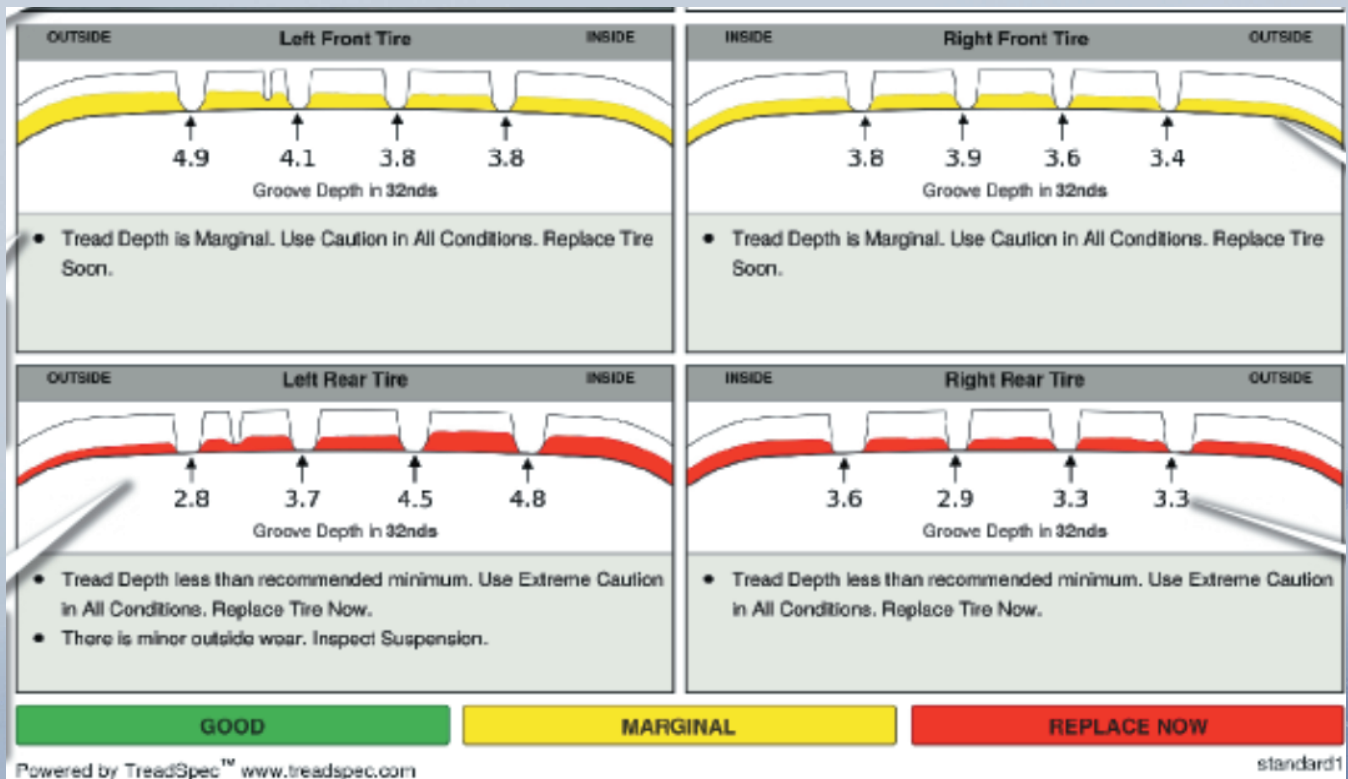


WWW.WHITLOCKAUTOREPAIR.COM

WONDER IF YOU NEED NEW TIRES?

COME IN AND HAVE YOUR TIRES' TREADS

LASER MEASURED



3996 E. Hwy 290  
Dripping Spring  
512.858.2796

10% Off Labor with this ad.

We Have the  
Most Advanced  
Tools  
in the Automotive  
Industry!!!

[www.THORoffroadTX.com](http://www.THORoffroadTX.com)

3996 E. Hwy 290  
BACK BUILDING  
Dripping Springs  
512.964.4467



**What Kind of Adventure  
is Your Truck Ready  
For??**



AUTHORIZED DEALER



PAKMULE



**ROUGH COUNTRY**



## Keeping what's yours

by Albert Gonzalez

All investing involves risk, including the risk of loss. Growing after-tax wealth takes tax-forward thinking.

Highly compensated and successful investors hold portfolios that are too heavily concentrated in a single stock. Sometimes the stock that dominates a portfolio is that of a current

or former employer. In other cases, the oversized holding was acquired through a merger or acquisition. Or the stock may have achieved its dominant position simply by outperforming other holdings over time.

Whatever the background, investors with concentrated stock positions face the risk that a change in the fortunes of a single company could jeopardize their financial well-being. Lehman Brothers, Enron, and other prominent failures of recent decades remind investors that no company – no matter how strong or well-positioned it may seem – is immune from risk. Austin was home to many failures during the *Dot Bomb* of 2000. Many financial advisors therefore recommend that clients restrict single-stock positions to prudent limits, typically not more than 10% of portfolio value.

For taxpaying investors, one of the biggest impediments to diversifying low-cost stock is often capital gains taxes. (Alarms should be going off now!) Selling low-cost stock from a taxable account involves a tradeoff between the known upfront tax and

transaction costs and the uncertain future benefits of risk reduction. For many investors, capital gains taxes (including state and local taxes) of up to 37% of the value of their investment may seem too high a price to pay for diversification.

Have you assessed your overall game plan to minimize taxes and reduce risk? Do you understand all the available benefits your *total* compensation package provides you to take advantage of for consideration now and the future?

My practice works on developing a financial plan for the near and long term. There are ways other than a taxable sale of stock by which you can address the risk of concentrated stock positions. If this of interest, please reach out to me and let's talk.

(512) 675-6767 or [Al.Gonzalez@jtlwealthpartners.com](mailto:Al.Gonzalez@jtlwealthpartners.com)

*This article is meant to be general and is not financial advice or a recommendation of any kind. Please consult your tax advisor before making financial decisions. Al Gonzalez MBA is a Senior Vice President/Partner with JTL Wealth Partners. He's affectionally known as "the Love Doctor" to his clients, as he helps them provide security for themselves and their loved ones.*

*Al Gonzalez MBA is a Senior Vice President/Partner with JTL Wealth Partners. He's affectionally known as "the Love Doctor" to his clients, as he helps them provide security for themselves and their loved ones. Al is a Financial Advisor with JTL Wealth Partners and securities are offered through LPL Financial. Member FINRA/SIPC. 512-765-6767. [Al.Gonzalez@jtlwealthpartners.com](mailto:Al.Gonzalez@jtlwealthpartners.com)*



## Litigation: "Men are like dirty diapers"

by Roland Brown

While sitting in the courtroom waiting to start a jury trial in a rural county, I caught a bit of the testimony in the trial ahead of mine. What I observed reminded me of one of the challenges lawyers face in presenting a client to a jury.

Trials happen quickly and, as we know, you never get a second chance to make a good first impression. A young lady, trying to regain custody of her pre-teen daughter, was wearing a revealing cocktail dress which did little to create the best image of a caring mother of a pre-teen child in the minds of the jurors. The negative impression her attire created was further reinforced when the father's lawyer, over the objection of her lawyer, made her admit that a bumper sticker on her pickup truck parked outside read, "Men are like dirty diapers; they are full of (bleep) and they are always on your (bleep)." (If you can't figure out the "bleeps," you can find the *uncut* version of this article at [RolandsLaw.com](http://RolandsLaw.com).) Rightly or wrongly, the mother lost her bid for custody.

In one of my own trials, the defendant, an arrogant sort who had bragged to his lawyer that I'd never lay a glove on him at trial, wore an eye popping diamond ring to trial. You can imagine that the presence of that ring flashing in the jurors' eyes made it easier for them to award my injured client a large verdict against him and

his company.

Judges and jurors look for something objective to confirm or refute the testimony presented at trial because they assume every litigant will try to put the best spin on their side of the story. Therefore, things such as certain attire, bumper stickers, jewelry, tattoos, and behavior of the parties observed by jurors in the hallway can spell the difference between winning and losing at trial. The effective trial lawyer will discuss with the client how to dress, use of appropriate language, how to react to attacks at trial, and similar things so that an otherwise winning presentation is not torpedoed by something that could be easily avoided.

*Roland Brown is a litigation attorney with forty-plus years experience handling civil litigation throughout Texas. For more information call 512-847-2500 or visit [RolandsLaw.com](http://RolandsLaw.com).*



The Roland Brown  
Law Firm  
512-847-2500

### Practice Area

- Personal Injury

Visit us at [RolandsLaw.com](http://RolandsLaw.com)



## My dog could sell real estate right now

by Steve Mallett

People not in real estate have a misconception that these are the best of times for real estate agents. Agents post pictures with sold homes saying *Sold \$250,000 over asking!* Like doing their job is some amazing feat. Imagine if everyone did that. *Look at this gorgeous bag of French fries I just bagged up!* Or, *Look how well I emp-*

*ried these garbage cans!* Agents act like they breeze through each transaction with no fuss or muss and anyone who can fall out of bed in the morning can sell a home right now. The opposite is true though.

Agents now are living in a bizarro world where some homes get 20 offers and some sit on the market for weeks. Some buyers get the home of their dreams and others make offers for months and never are able to buy a home. Builders cancel contracts on a whim because they can sell the home for thousands more to a different buyer. Buyers win contracts and then change their mind the next day. Sellers demand weird concessions like free pizzas, trips, or cars and buyers actually give those to them. Nothing is surprising anymore in the world of real estate.

Real estate agents used to be marketing companies. They listed a property, ushered as many buyers through the door as possible,

and eventually got a contract both parties could live with. Now real estate agents manage a chaotic process where multiple offers come in, buyers are lined up to see the homes, every buyer has different and sometimes crazy demands all the while being professional and fair to all parties. The job of an agent now is to guide the clients through a minefield of potential mistakes to get a contract that can actually close.

Agents blunder by giving the impression that selling real estate is easy. It would be better for the world to see the mess happening behind the curtain. People need to see how agents handle buyers crying because they lost out on the twelfth offer they made. Social media posts should show two agents arguing about how much it will cost to replace a water heater when the inspection report shows it is on its last legs.

It's time for the world to see the messy, ugly, crazy, and sometimes unlucky sides of real estate. When agents only post success stories people start to think their dogs could sell their home. Some agents will work for dog food but the best agents in the business are earning every cent by managing chaos in the middle of one of the largest real estate booms in history.

*Steve Mallett has been selling real estate in Dripping Springs and Austin since 2003. His team can help with all of your real estate needs. Residential, commercial, farm and ranch. Call today 512-829-2062 or 512-627-7018.*

## Effective Communications Month

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor*



Reagan Smith

June is Effective Communications Month. And it's a good idea to recognize the importance of good communications because it plays a role in almost every aspect of living – including your finances. You'll want to clearly communicate your financial goals to your loved ones – and you'll want to hear theirs, too.

You and your spouse may have different thoughts about a range of financial topics – how much to save,

how much to spend, the level of debt with which you're comfortable, and so on. However, in regard to investing, you don't necessarily have to act in unison all the time. You each may have different investment styles – one of you may be more aggressive, willing to take on more risk in exchange for potentially higher returns, while the other would rather invest with an eye toward mitigating risk. Of course, there's nothing stopping each of you from pursuing your individual investment strategies in your own accounts – IRA, 401(k), and so on. Still, if you are going to work toward common goals – especially toward a shared vision of your retirement lifestyle – you each may want to compromise in your investment choices. And this accommodation is even more necessary in your joint accounts.

If you may someday be involved with your parents' financial

plans – which is highly likely – you should know in advance what to expect. This may not be the easiest conversation to have, but it's an important one. So, for example, ask your parents if they have a durable power of attorney, which allows them to designate someone to manage their financial affairs if they become physically or mentally incapacitated. You might also inquire if they have protected themselves against the potentially enormous costs of long-term care, such as an extended nursing home stay. If not, you might suggest that they contact a financial advisor, who can offer solutions. Once you begin communicating about these issues, you may well want to go further into your parents' estate plans to determine what other arrangements, if any, they have made. If it seems that their plans are not fully developed, you may want to encourage them to contact an attorney specializing in estate planning.

Just as you talk to your parents about their estate plans, you'll want to discuss the same topic with your own grown children. Let them know who you have named as a durable power of attorney, what's in your last will and testament and whether you've established a living trust. If you're already working with a financial advisor and an estate planning professional, make sure your children know how to contact these individuals.

By talking with your loved ones about key financial matters, everyone benefits. So, keep those lines of communication open.

*Reagan Smith, Financial Advisor specializes in helping individual investors and business owners reach their financial goals. She can be reached at 512-894-3793.*

**WHAT DOES YOUR YARD  
DREAM OF BEING  
WHEN IT GROWS UP?**



We all have visions of what we'd like our yard to look like. Luckily, Daniel Stone and Landscaping has everything you need to make it all come true.



**danielstoneandlandscaping.com**  
**(512) 288-8488**





# The truth about refrigerator filters

by Randy Lawrence

Almost every new refrigerator available today comes with a built-in activated carbon filter designed to improve taste or odor. Most models also have some type of reminder system that tells you when to replace the filter cartridge. Many people have questions about these

filters. Is it necessary to have the filter in the first place? If so, how important is it to change that filter as soon as the reminder is activated? Here are a few interesting facts about these filters that may help clear up some confusion and possibly save you some money in the long run.

There are two main types of filter change reminders in today's refrigerator models. The most common is a basic timer system. This system will simply count down a pre-set amount of time (usually six months) and then activate a light which tells you to replace the filter. The main drawback to this method is that it does not take into account the volume of water used. For example, you could go six months without using the ice or water dispenser and the unit will still indicate that it's time to change the filter. It's a fair assumption that the majority of these filters are thrown away far too soon. The other type of reminder system is a little less common. It involves a flow meter which counts gallons as they are used through the dispenser. This is a more efficient method than the timer because it actually measures water usage.

Unfortunately, neither technology knows what your incoming

water quality is. This can greatly affect the lifespan of the filter. If you are on a chlorinated water supply, your filter life will be shorter. If you have a whole house treatment system, like a softener or carbon filter, then the life of your filter would be greatly increased. If your refrigerator is fed by a reverse osmosis system, then your built-in filter becomes completely unnecessary and can be removed or bypassed.

Each case is slightly different, but at \$40-\$60 per filter it pays to know the facts so you aren't wasting money on unnecessary replacements.

*Randy Lawrence is the owner of ProQuality Water Systems, a full service water treatment company. He is one of only six Class III Certified Water Treatment Specialists in Hays County (LIC# WT0002693). With over 20 years of experience he has serviced Wimberley and surrounding areas for over a decade.*

"When you want quality, call a pro."

**ProQuality**  
Water Systems

**RANDY LAWRENCE**  
512-618-1334  
(830) 822-3533

A FULL SERVICE WATER TREATMENT COMPANY SPECIALIZING  
IN CUSTOMER SERVICE & INTEGRITY  
Certified by the Texas Commission for Environmental Quality  
Class III License # WT0002693

[www.proqualitywater.com](http://www.proqualitywater.com)

## Wedding Capital of Texas Showcase - Sunday, July 25, 2021 *The Dripping Springs Area Wedding Planning Show*

The Dripping Springs wedding community is inviting couples, wedding parties, and families to discover why Dripping Springs is the Wedding Capital of Texas and has everything you need to plan your picture-perfect Hill Country wedding, all in one place.

On Sunday, July 25th, couples will have the chance to meet vendors and plan their wedding in-person at the beautiful, brand new Distiller's Hall at Dripping Springs Distilling on Bell Springs Road.

The Wedding Capital of Texas Showcase has two components. First, from 10am to 2pm, couples and their wedding parties will have the chance to visit each vendor for a one-on-one connection. The second element will be feature open tours all around the Dripping Springs area from noon to 4pm. Guests will have opportunities to visit locations like venues and lodging properties, with no



appointments needed.

This wedding showcase is a different twist on a traditional bridal extravaganza and is open to wedding industry vendors located in and around Dripping Springs. Plus, it's the best place to meet the wedding experts of Dripping Springs and Driftwood face-to-face and all in one location.

In 2015, The Texas House officially designated

Dripping Springs as the Wedding Capital of Texas. Wedding Capital of Texas is a program of the Dripping Springs Visitors Bureau. The mission of the Dripping Springs Visitors Bureau is to promote tourism and serve as ambassadors to connect visitors-guests and the community. For more information about becoming a vendor, or attending the Wedding Capital of Texas Showcase, please visit our website, [www.weddingcapitaloftexas.org](http://www.weddingcapitaloftexas.org)

**HTC**  
 Hillco Tree Company  
**Local & Insured**  
**Call Monte Today**  
**(512) 739-4401**

**NO JOB TOO SMALL  
 NO TREE TOO TALL...**



**Edward Jones** Financial Advisors  
 MAKING SENSE OF INVESTING®

**Gavin J. Loftus, CFP®**  
 512-894-3801

**Reagan Smith**  
 512-894-3793

**Don McGraw**  
 512-858-2850

**Pat M. Woodman**  
 512-894-0665

**MALLET**  
 INTEGRITY TEAM  
*Select*

**Steve Mallett**  
 Team Leader/Broker Associate  
 Mallett Integrity Team  
 Real Estate  
 Keller Williams Realty  
 O: 512.829.2062  
 C: 512.627.7018

**SEPTIC TANK PUMPING & REPAIRS**  
 Commercial & Residential

Se Habla Español



• SEPTIC PUMPING  
 • CLEANING  
 • REPAIRS

**SELLMAN ENTERPRISES**  
 Septic Inspections & Certifications For Resale

**DRIPPING SPRINGS: 858-2040**  
**WIMBERLEY: 847-5070**  
**LAKE TRAVIS: 263-3993**

**BUDA: 312-0002**  
**AUSTIN: 445-5489**  
**SAN MARCOS: 396-7070**

**ARMADILLO**

**E-CIGS**

**www.ArmadilloEcigs.com** 27490 RR12 · Dripping Springs  
**(512) 858-7620** 11am - 7pm Mon - Sat

## Reflection

by Lindley Pond



Hi, everyone – after a crazy hiatus due to the storm, we are back and writing again.

Spring is in the air... with its pollen and amazing wildflowers. Hope this finds you well.

I feel this is truly a time of reflection on what worked and what didn't. We don't have to plant right now as the summer heat is nearing, yet we can

come up with a *different* plan – maybe outside of our box of what's been there all along?

Trying to be open to new things is hard, yet maybe with Covid almost behind us and a new beautiful world to enjoy, we can mix things up a bit.

This past year has given many cause to assess their homes and realize it's a great place to hang out – yet, just needs some fine tweaking. We are all in on any projects you might want to tackle... one by one to achieve the paradise you want. Seating areas, raised veggie beds, more sod, less sod, we are here to help.

We have the chance to see what worked and what didn't from our plan of last year.

It's a wonderful time to install some of the bones that give us a palette to work within. Hardscapes can be planned out and installed, giving us a master plan to work with, coming up with ideas to take advantage of in the fall. That along with going easy on the pocketbook, make things seem a little less overwhelming.

An amazing gift we were given to see the possibilities of the place we call home. If you need help, give us a call.

Happy June.

We're here to help fulfill your "outside dreams". Call us for a free consultation and design. Lindley Pond is owner of Lindley Pond Landscaping. We've been helping folks in Central Texas for over 15 years. Give us a call for design and installation of your new "lawn" at 512-775-1629. Or send me an email at lindleypond171@gmail.com.



**Lindley Pond**  
 LANDSCAPING

P: 512.775.1629  
 W: lindleypond.com  
 E: lindleypond171@gmail.com



**Crystal Springs Custom Pools is the builder you can trust for the construction of your dream pool.**

**5300 Hwy 290 West  
Dripping Springs, TX 78620**

**512-781-6568  
512-200-6969**

[www.crystalspringscustompools.com](http://www.crystalspringscustompools.com)  
[crystalspringscustompools@gmail.com](mailto:crystalspringscustompools@gmail.com)



**HEATHER H. BOBB**  
DDS, FICOI



**512.858.7200**  
**heatherbobb.com**

Invisalign Preferred Provider – Full Mouth Restorations – Cosmetic and Family Dentistry

***Thank you for a great decade, Dripping Springs!  
Looking forward to the next 10!***

Implants – Laser – Restorations

**331 Sportsplex Drive, Suite B | Dripping Springs, Texas 78620**



Lease \$6,500/m luxury home in prestigious gated community Enclave at Canyon Lake.  
 28 acres of community lakefront, private airport and hanger. 1 hr from downtown Austin.  
 3 bed, 2.5 baths, 1 story 4007 sqft



**Steve Cossette**  
 BROKER / OWNER  
 (512) 299-6570 Direct  
 Offices in Austin, Dripping  
 & Wimberley

**512-610-7653, Remax-Gateway.com, 13730 West Hwy 290, Austin TX. 78737**  
 All offices independently owned and operated.

**Buy or Sell with Us... Use this Truck FREE!**

